

This worksheet is a simplified tool excerpted from the Transformational Language™ book series by Lee Skinner. It is intended for personal insight use only and does not replace the full teachings, context, or therapeutic process outlined in the books.

Brilliance Map™ Self-Assessment

Your brilliance isn't what you've been praised for — it's what you instinctively **do**, **notice**, and **feel drawn toward**, even before it's polished. This assessment reveals the unconscious threads of your true operating system.

1. What do you naturally track, even when no one is watching?
2. When you're thriving, what patterns or themes show up in your environment?
3. What kinds of problems do others instinctively come to you for?
4. What invisible systems or layers do you notice that others miss?
5. How do you communicate your insights — words, images, actions, something else?
6. What emotional states fuel your best thinking and creativity?
7. In what settings do you feel most **like yourself**, even if no one understands it?
8. What signals (symbols, emotions, triggers) guide your attention in life?
9. What has always felt 'off' about conventional success, and what truth have you sensed behind it?
10. What are three themes that have repeated across every stage of your life?

Reflect across your answers and highlight the patterns. These aren't just preferences — they are signals. Your Brilliance Map is the intersection of perception, emotion, and contribution.